



# unitar

United Nations Institute for Training and Research

## Unitar Online Catalogue

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### eLearning Caregiver Skills Training for Families of Children with Developmental Delays or Disabilities

NCD Digital Health and Capacity Building

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Type:	Course
Location:	Web-based
Duration:	8 Hours
Programme Area:	Other
Website:	<a href="https://whoacademy.org/coursewares/course-v1:WHOAcademy-Hosted+H0005EN+H0005EN-...">https://whoacademy.org/coursewares/course-v1:WHOAcademy-Hosted+H0005EN+H0005EN-...</a>
Price:	\$0.00
Event Focal Point Email:	globalhealth@unitar.org

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### BACKGROUND

Each module in this self-paced eLearning course should be completed in order as they build on one another. For each module, you will be given specific skills and strategies to practice at home with your child. We suggest that you do one module every 4 or 5 days so you will have a chance to practice in between. This means that it will take around 2.5 months to complete the course. We recommend that you use a journal with the course for the written activities, and to plan and record what you learned from your home practice. The modules will guide you through this. There is a journal for the course that you can print or use

electronically that is available in the “documents” section of this course.

## EVENT OBJECTIVES

These easy to use eLearning modules will teach you different strategies to use at home with your child. This course focuses on supporting you on how to use everyday play and home activities as opportunities for learning and development. Specifically, how to support your child to improve their communication, how to engage and interact with them, and how to encourage positive behaviour and teach them new skills for everyday life.

## CONTENT AND STRUCTURE

- Explain ways you can connect with your child by enjoying and sharing daily activities.
- Explain ways you can help your child to communicate and learn new things.
- Explain ways you can help your child show more positive behaviour and less challenging behaviour.
- Explain ways you can help your child learn skills for everyday living with your help.
- Describe ways to support your own health and well-being.

## METHODOLOGY

The content of this course has been validated, verified, and is owned by the Department of Health and Substance Use. This course is not a WHO Academy co-produced course. In case of any concerns or feedback on the course content, please share your feedback in the survey form at the end of this course.

## TARGETED AUDIENCE

This course is for caregivers of children ages 2 to 9 years with developmental delays or disabilities, especially in the areas of communication and social interaction. A diagnosis is not required.

The course aims to improve caregivers' ability to use everyday play and home routines as opportunities to build their children's communication, engagement in activities, positive behaviour and daily living skills, while improving caregivers' overall wellbeing. This course is based on WHO's *Caregiver Skills Training for Families of Children with Developmental Delays or Disabilities*.